

What's On at the Anvil

THE TIGER WHO CAME TO TEA

Fri 4-Sun 6 Feb The Haymarket

This is a stunning stage adaptation of the classic tale of teatime mayhem, based on the book by Judith Kerr. Join the tea-guzzling tiger in this delightful family show, packed with oodles of magic, sing-a-long songs and clumsy chaos. The doorbell rings just as Sophie and her mummy are sitting down to tea. Who could it be? What they don't expect is a big, furry, stripy tiger!

SPIRIT OF THE DANCE

Fri 4 Feb, 7.30pm The Anvil

The international success Spirit of the Dance celebrates 21 fabulous years with its new spine-tingling anniversary show. Sounding like a runaway express train, not one Irish dance shoe steps out of line as their thunderous feet perform as one. Irish Dance is combined with styles from around the world such as Flamenco, Latin, Salsa, Street, Hip Hop and Techno Can Can.

STARS OF THE WEST END

Kerry Ellis and Louise Dearman

Sun 6 Feb, 7pm The Anvil

Two leading ladies of the West End present an extravaganza of popular musical and movie hits. Accompanied by the fabulous International Film Orchestra, Kerry Ellis and Louise Dearman, with a wealth of credits and awards between them, will perform songs from Wicked, Les Misérables, We Will Rock You, Chess and The Greatest Showman to name a few.

KODO ONE EARTH TOUR 2022

Tsuzumi

Wed 9 Feb, 7.45pm The Anvil

Kodo take the Japanese art of Taiko drumming and give it a thrillingly theatrical edge. Rhythm, tradition, and an energy so powerful that you can feel the air shake. Experience the intense strength and the gentle finesse as the drummers transcend language and cultural boundaries whilst reminding us of the common bonds we share as human beings. This year, more than ever, they want to connect with their audience.

BUMPER BLYTON

Thu 10 Feb, 7.30pm The Haymarket

Delightfully silly and highly entertaining, don't miss this cast of award-winning improvisers as they invent a hilarious adventure, live on the hoof, based on audience suggestions. Cast yourself back to your childhood as the riotous improvised parody, chock full of innuendo and puns, is performed in vintage costume with music and songs in the style of the nation's favourite author Enid Blyton.

CARMEN

Thu 10 Feb, 7.30pm The Anvil

This dazzling production with live orchestra features Bizet's breath-taking melodies including The Toreador's Song, Carmen's enticing Habanera, and Don José's lyrical Flower Song. The story of passion and jealousy unfolds in a setting evoking the stunning architecture of Seville and its main square with Roman and Moorish influences. Sung in French with English subtitles.

GORDON BUCHANAN

30 Years In The Wild

Wed 16 Feb, 7.30pm The Haymarket

One of the most prominent wildlife presenters and filmmakers working today, Gordon Buchannan's journey is a remarkable story to tell. Gordon will look back at his incredible 30 years working both behind and in front of the camera. This will be a rare opportunity to discover what has continued to drive his career and the landmark stories that take pride of his work. He will also take the opportunity to look at what the future potentially hold in our rapidly changing ecological landscape.

ORCHESTRA OF THE AGE OF ENLIGHTENMENT

Thu 17 Feb, 7.45pm The Anvil

The OAE are joined by conductor Antonello Manacorda and violinist Isabelle Faust for Schumann's lyrical and inventive Violin Concerto, and his taut and dramatic Symphony no 2.

EXTC - XTC'S TERRY CHAMBER AND FRIENDS

Fri 18 Feb, 7.30pm The Haymarket

EXTC - the band of renowned XTC drummer Terry Chambers - perform a full set of XTC hits from their adrenalinised early anthems through to the psychedelia-infused rock of later albums, including Making Plans for Nigel, Senses Working Overtime, and Sgt. Rock (Is Going to Help Me). EXTC is also busy writing new material, paying homage to the past while forging an exciting new musical future.

AN EVENING WITH AGGERS & TUFFERS

Tue 22 Feb, 7.45pm The Anvil

Jonathan Agnew and Phil Tufnell deliver a fascinating, entertaining, and no-holds-barred evening for both cricket fans and non-lovers of the game. Tuffers was the bad boy of English cricket in the 1990s, but the best spinner as well. Known as The Cat because of his love of dressing room naps and, rarely seen without a beer and a fag, Tufnell has always been something of a folk hero.

CAMROSE, GILLIES AND HACKWOOD PARTNERSHIP (CGH) PATIENT PARTICIPATION GROUP

With a growing need for mental health support for the patient population, CGH have put in place a mental health team and resources, which include the following:

- Employed a GP, Dr. Webster, specialising in complex mental health patient care;
- A mental health nurse (CPN), to support a range of issues from acute crisis to longer term problems;
- MIND clinics run twice weekly for signposting patients and self help support with a Mental Health Adviser from MIND;
- Mental Health Multi-disciplinary Teams (MDT) working with local mental health services and consultants;
- Focus on mental health through staff communications, and training in understanding of the Mental Capacity Act (MCA) legislation;
- Shared resources for healthcare professionals on available mental health support for patients during the pandemic.

In addition, CGH are working with Southern Health to recruit a further Mental Health clinician. We would encourage patients who need support to contact the surgery for appointments, and to make full use of their services.

The PPG are delighted to announce that Matt Holman from Simpila Mental Health is guest speaker at our first PPG/Patient Open Meeting, on a date to be confirmed as soon as Covid uncertainty allows. We will invite patients to come and meet the PPG over coffee and cake, and hear Matt talk about mental health, with a chance to ask him, and the PPG, any questions.

Excellent self help resources we can recommend are: <https://www.simpila.com/news-articles-and-resources/> and <https://happily.com/>

Covid Vaccinations for House Bound Patients, who are vulnerable, have mobility problems, and are unable to attend clinics, can be arranged by contacting the CGH surgery by e-consult or telephone for a home visit.